



## Support Services in NSW & Australia

### Community Support & Anti-Racism Services

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#### 1. Multicultural NSW

**Description:** NSW Government agency supporting inclusion, community harmony, and anti-racism initiatives.

**Website:** <https://multicultural.nsw.gov.au>

**Phone:** (02) 8255 6767

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#### 2. Transcultural Mental Health Centre (NSW Health)

**Description:** Provides culturally responsive mental health services for people from culturally and linguistically diverse (CALD) backgrounds.

**Transcultural Mental Health Line:** 1800 648 911 (Mon–Fri, 9am–4:30pm)

**Website:** <https://www.health.nsw.gov.au/tmhc>

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#### 3. NSW Mental Health Line (24/7)

**Description:** Statewide mental health support and crisis assistance.

**Phone:** 1800 011 511

**Website:** <https://www.health.nsw.gov.au/mentalhealth>

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#### 4. Ethnic Communities' Council of NSW (ECCNSW)

**Description:** Peak advocacy body representing CALD communities in NSW.

**Website:** <https://eccnsw.org.au>

**Phone:** (02) 9319 0288

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#### 5. Australian Human Rights Commission

**Description:** Handles complaints about discrimination and racism under federal law.

**Phone:** 1300 656 419

**Website:** <https://humanrights.gov.au>

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## 6. Anti-Discrimination NSW

**Description:** NSW Government body that manages discrimination complaints under NSW law.

**Phone:** 1800 670 812

**Website:** <https://antidiscrimination.nsw.gov.au>

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## 7. All Together Now

**Description:** National organisation working to prevent racism and promote racial equity.

**Website:** <https://alltogethernow.org.au>

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## 8. Embrace Multicultural Mental Health

**Description:** National platform providing multicultural mental health resources.

**Website:** <https://embracementalhealth.org.au>

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## 9. Translating and Interpreting Service (TIS National)

**Description:** Free interpreting service for people who do not speak English.

**Phone:** 131 450

**Website:** <https://www.tisnational.gov.au>

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## 10. Kingsford Legal Centre (NSW)

**Description:** Free legal advice including discrimination matters.

**Phone:** (02) 9385 9566

**Website:** <https://www.klc.unsw.edu.au>

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## 11. 13YARN (Aboriginal & Torres Strait Islander Support)

**Description:** 24/7 culturally safe crisis support line.

**Phone:** 13 92 76

**Website:** <https://www.13yarn.org.au>

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## 12. Emergency Support

**Emergency (Police/Ambulance/Fire):** 000

**Lifeline (24/7 Crisis Support):** 13 11 14

**Website:** <https://www.lifeline.org.au>

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*This document provides general contact information. Services may change — please check websites for the most up-to-date details.*

For UNSW specific student support, please see services listed here: [Student Support Services](#)

For UNSW specific staff support, please see services listed here: [Staff Support Services](#)



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