

Apathy Evaluation Scale (Self-rated)

Name: _____

Date: ____/____/____

For each statement, circle the answer that best describes the subject's thoughts, feelings, and activity in the past 4 weeks.

1. I am interested in things.

NOT AT ALL

SLIGHTLY

SOMEWHAT A LOT

2. I get things done during the day.

NOT AT ALL SLIGHTLY

SOMEWHAT A LOT

3. Getting things started on my own is important to me.

NOT AT ALL SLIGHTLY

SOMEWHAT

A LOT

4. I am interested in having new experiences.

NOT AT ALL SLIGHTLY

SOMEWHAT

A LOT

5. I am interested in learning new things

NOT AT ALL SLIGHTLY

SOMEWHAT

A LOT

6. I put little effort into anything.

NOT AT ALL SLIGHTLY

SOMEWHAT

A LOT

7. I approach life with intensity.

NOT AT ALL SLIGHTLY

SOMEWHAT A LOT

8. Seeing a job through to the end is important to me.

NOT AT ALL SLIGHTLY

SOMEWHAT A LOT

9. I spend time doing things that interest me.

NOT AT ALL

SLIGHTLY

SOMEWHAT A LOT

10. Someone has to tell me what to do each day.

NOT AT ALL

SLIGHTLY

SOMEWHAT A LOT

11. I am less concerned about my problems than I should be.
- | | | |
|------------|----------|----------------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT A LOT |
|------------|----------|----------------|
12. I have friends.
- | | | | |
|------------|----------|----------|-------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT | A LOT |
|------------|----------|----------|-------|
13. Getting together with friends is important to me.
- | | | | |
|------------|----------|----------|-------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT | A LOT |
|------------|----------|----------|-------|
14. When something good happens, I get excited.
- | | | |
|------------|----------|----------------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT A LOT |
|------------|----------|----------------|
15. I have an accurate understanding of my problems.
- | | | | |
|------------|----------|----------|-------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT | A LOT |
|------------|----------|----------|-------|
16. Getting things done during the day is important to me.
- | | | |
|------------|----------|----------------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT A LOT |
|------------|----------|----------------|
17. I have initiative.
- | | | |
|------------|----------|----------------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT A LOT |
|------------|----------|----------------|
18. I have motivation.
- | | | |
|------------|----------|----------------|
| NOT AT ALL | SLIGHTLY | SOMEWHAT A LOT |
|------------|----------|----------------|

The Apathy Evaluation Scale was developed by Robert S. Marin, M.D. Development and validation studies are described in RS Marin, RC Biedrzycki, S Firinciogullari: "Reliability and Validity of the Apathy Evaluation Scale," *Psychiatry Research*, 38:143-162, 1991