



Alzheimer's Disease
Cooperative Study

Sample Case Report Form

ADCS – Activities of Daily Living Inventory

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Information obtained through:

- ☐ Informant visit
☐ Telephone call

Instructions: For each question, use the subject's name where {s} appears. Before beginning, read the questionnaire guidelines to the informant.

1. Regarding **eating:**

Which best describes {S} usual performance during the past 4 weeks?

- 3 ☐ ate without physical help, and used a knife
2 ☐ used a fork or spoon, but not a knife, to eat
1 ☐ used fingers to eat
0 ☐ {S} usually or always was fed by someone else

2. Regarding **walking (or getting around in a wheelchair), in the past 4 weeks, which best describes his/her **optimal** performance:**

- 3 ☐ mobile outside of home without physical help
2 ☐ mobile across a room without physical help
1 ☐ transferred from bed to chair without help
0 ☐ required physical help to walk or transfer

3. Regarding bowel and bladder function **at the toilet, which best describes his/her **usual** performance in the past 4 weeks:**

- 3 ☐ did everything necessary without supervision or help
2 ☐ needed supervision, but no physical help
1 ☐ needed physical help, and was usually continent
0 ☐ needed physical help, and was usually incontinent

Galasko, D., Bennett, D., Sano, M., Ernesto, E., Thomas, R., Grundman, M., and Ferris, S.
Alzheimer Disease and Associated Disorders 1997; 11:S33-S39.

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4. Regarding **bathing**, in the past 4 weeks, which best describes his/her **usual** performance:
- 3 ☐ bathed without reminding or physical help
- 2 ☐ no physical help, but needed supervision/reminders to bathe completely
- 1 ☐ needed minor physical help (e.g., with washing hair) to bathe completely
- 0 ☐ needed to be bathed completely
5. Regarding **grooming**, in the past 4 weeks, which best describes his/her **optimal** performance:
- 3 ☐ cleaned and cut fingernails without physical help
- 2 ☐ brushed or combed hair without physical help
- 1 ☐ kept face and hands clean without physical help
- 0 ☐ needed help for grooming of hair, face, hands, and fingernails

Yes	No	Don't Know
☐	☐	☐
	0	0

6. Regarding **dressing, in the past 4 weeks:**

A) Did {S} select his/her first set of clothes for the day?

If yes, which best describes his/her usual performance:

- 3 ☐ without supervision or help
- 2 ☐ with supervision
- 1 ☐ with physical help

B) Regarding physically getting dressed, which best describes his/her usual performance in the past 4 weeks:

- 4 ☐ dressed completely without supervision or physical help
- 3 ☐ dressed completely with supervision, but without help
- 2 ☐ needed physical help only for buttons, clasps, or shoelaces
- 1 ☐ dressed without help if clothes needed no fastening or buttoning
- 0 ☐ always needed help, regardless of the type of clothing



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Yes	No	Don't Know
☐	☐	☐
	0	0

7. In the past 4 weeks, did {S} use a telephone?

If yes, which best describes his/her **highest** level of performance:

- 5 ☐ made calls after looking up numbers in white or yellow pages, or by dialing directory assistance
- 4 ☐ made calls only to well-known numbers, without referring to a directory or list
- 3 ☐ made calls only to well-known numbers, by using a directory or list
- 2 ☐ answered the phone; did not make calls
- 1 ☐ did not answer the phone, but spoke when put on the line

Yes	No	Don't Know
☐	☐	☐
	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0

8. In the past 4 weeks, did {S} watch television?

If yes, ask all questions:

Did (S):

- a) usually select or ask for different programs or his/her favorite show?
- b) usually talk about the content of a program while watching it?
- c) talk about the content of a program within a day (24 hours) after watching it?

Yes	No	Don't Know
☐	☐	☐
	0	0

9. In the past 4 weeks, did {S} ever appear to pay attention to conversation or small talk for at least 5 minutes?

Note: {S} did not need to initiate the conversation.

If yes, which best describes his/her usual degree of participation:

- 3 ☐ usually said things that were related to the topic
- 2 ☐ usually said things that were not related to the topic
- 1 ☐ rarely or never spoke

Yes	No	Don't Know
☐	☐	☐
	0	0

10. Did {S} clear the dishes from the table after a meal or snack?

If yes, which best describes how he/she usually performed:

- 3 ☐ without supervision or help
- 2 ☐ with supervision
- 1 ☐ with physical help



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Yes	No	Don't Know
☐	☐	☐
	0	0

11. In the past 4 weeks, did {S} usually manage to find his/her personal belongings at home?

If yes, which best describes how he/she usually performed:

- 3 ☐ without supervision or help
2 ☐ with supervision
1 ☐ with physical help

Yes	No	Don't Know
☐	☐	☐
	0	0

12. In the past 4 weeks, did {S} obtain a hot or cold beverage for him/herself?
(A cold beverage includes a glass of water.)

If yes, which describes his/her highest level of performance

- 3 ☐ made a hot beverage, usually without physical help
2 ☐ made a hot beverage, usually if someone else heated the water
1 ☐ obtained a cold beverage, usually without physical help

Yes	No	Don't Know
☐	☐	☐
	0	0

13. In the past 4 weeks, did {S} make him/herself a meal or snack at home?

If yes, which best describes his/her highest level of food preparation:

- 4 ☐ cooked or microwaved food, with little or no help
3 ☐ cooked or microwaved food, with extensive help
2 ☐ mixed or combined food items for a meal or snack, without cooking or microwaving (e.g., made a sandwich)
1 ☐ obtained food on his/her own, without mixing or cooking it

Yes	No	Don't Know
☐	☐	☐
	0	0

14. In the past 4 weeks, did {S} dispose of garbage or litter in an appropriate place or container at home?

If yes, which best describes how he/she usually performed:

- 3 ☐ without supervision or help
2 ☐ with supervision
1 ☐ with physical help



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Yes	No	Don't Know
☐	☐	☐
	0	0

15.

In the past 4 weeks, did {S} get around (or travel) outside of his/her home?

If yes, which best describes his/her **optimal** performance:

- 4 ☐ alone, went at least 1 mile away from home
3 ☐ alone, but remained within 1 mile of home
2 ☐ only when accompanied and supervised, regardless of the trip
1 ☐ only with physical help, regardless of the trip

Yes	No	Don't Know
☐	☐	☐
	0	0

16.

In the past 4 weeks, did {S} ever go shopping?

If yes, ask A and B:

A) Which one best describes how {S} usually selects items:

- 3 ☐ without supervision or physical help?
2 ☐ with some supervision or physical help?
1 ☐ not at all, or selected mainly random or inappropriate items?

☐	☐	☐
1	0	0

B) Did {S} usually pay for items without supervision or physical help?

Yes	No	Don't Know
☐	☐	☐
	0	0

17.

In the past 4 weeks, did {S} keep appointments or meetings with other people, such as relatives, a doctor, the hairdresser, etc.?

If yes, which best describes his/her awareness of the meeting ahead of time:

- 3 ☐ usually remembered, may have needed written reminders
e.g. notes, a diary, or calendar
2 ☐ only remembered the appointment after verbal reminders on the day
1 ☐ usually did not remember, in spite of verbal reminders on the day



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Note: 1. Do not ask Q18 if the {S} is institutionalized; check here ☐
2. Being taken to day care or having a sitter at home does not constitute being left alone.

Yes	No	Don't Know
☐	☐	☐
↓	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0

18. In the past 4 weeks, was {S} ever left on his/her own ?

If yes, ask all questions:

Was {S} left:

- a) away from home, for 15 minutes or longer, during the day?
- b) at home, for an hour or longer, during the day?
- c) at home, for less than 1 hour, during the day?

Yes	No	Don't Know
☐	☐	☐
↓	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0

19. In the past 4 weeks, did {S} talk about current events? (This means events or incidents that occurred during the past month.)

If yes, ask all questions:

Did {S} talk about events that...:

- a) he/she heard or read about or saw on TV but did not take part in?
- b) he/she took part in outside home involving family, friends, or neighbors?
- c) events that occurred at home that he/she took part in or watched?

Yes	No	Don't Know
☐	☐	☐
↓	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0
☐	☐	☐
1	0	0

20. In the past 4 weeks, did {S} read a magazine, newspaper or book for more than 5 minutes at a time?

If yes, ask all questions:

Did {S} usually:

- a) talk about details of what he/she read while or shortly (< than 1 hour) after reading?
- b) talk about what he/she read 1 hour or longer after reading?



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Yes	No	Don't Know
☐	☐	☐
	0	0

21. In the past 4 weeks, did {S} ever write things down?

Note: If {S} wrote things only after encouragement or with help, the response should still be 'yes.'

If yes, which best describes the most complicated things that he/she wrote:

- 3 ☐ letters or long notes that other people understood
2 ☐ short notes or messages that other people understood
1 ☐ his/her signature or name

Yes	No	Don't Know
☐	☐	☐
	0	0

22. In the past 4 weeks, did {S} perform a pastime, hobby or game?

If yes, which pastimes did he/she perform:

Ask about all of the following, check all that apply:

- | | | |
|--|-------------------------------------|----------------------------------|
| ☐ card or board games (including bridge, chess, checkers) | | |
| ☐ bingo | ☐ crosswords | ☐ art |
| ☐ musical instrument | ☐ knitting | ☐ sewing |
| ☐ reading | ☐ gardening | ☐ golf |
| ☐ tennis | ☐ workshop | ☐ fishing |
| ☐ other _____ | | |

Note: Walking does NOT count as a hobby/pastime for this scale.

☐ If {S} performs hobbies/pastimes only at day care, check here.

If yes, how did {S} usually perform his/her most common pastimes:

- 3 ☐ without supervision or help
2 ☐ with supervision
1 ☐ with help



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Yes No Don't
Know

☐	☐	☐
	0	0

23. In the past 4 weeks, did {S} use a household appliance to do chores?

Ask about all of the following, and check those that were used:

- | | | |
|--------------------------------------|------------------------------------|---|
| ☐ washer | ☐ dryer | ☐ vacuum |
| ☐ dishwasher | ☐ toaster | ☐ toaster oven |
| ☐ range | ☐ microwave | ☐ food processor |
| ☐ other _____ | | |

If yes, for the most commonly used appliances, which best describes how {S} usually used them:

- | | |
|---|--|
| 4 | ☐ without help, operating more than on-off controls if needed |
| 3 | ☐ without help, but operated only on/off controls |
| 2 | ☐ with supervision, but no physical help |
| 1 | ☐ with physical help |

Total Score (0-78)

Number of "Don't Know" Responses