

Mindgardens Functional Neurological Disorders (FND) Clinic

Referral information

About the FND Clinic

The Mindgardens Functional Neurological Disorders (FND) Clinic is a tertiary assessment and intervention clinic which provides multi-disciplinary assessment and a brief intervention program for suitable FND patients. Concurrent with ongoing neurological care, patients are referred to the clinic by their specialist, who will email the completed FND Referral form to the Clinic.

Patients must have a confirmed diagnosis of FND made by their treating neurologist.

The Mindgardens FND clinic operates out of the Neuropsychiatric Institute (NPI). The NPI is a clinical academic facility of The Prince of Wales Hospital, a UNSW Sydney teaching hospital, and is part of the Mental Health Program of the South Eastern Sydney Local Health District (SESLHD).

This clinic brings together clinical experts from neuropsychiatry, neurology, rehabilitation medicine, physiotherapy, occupational therapy and psychology for the first time in NSW. The lead clinician Dr Adith Mohan is a Senior Staff Specialist in Neuropsychiatry. He is joined by an interdisciplinary team of allied health staff in providing clinical assessment of referred patients at the NPI.

The collection of standardised clinical data at entry into the clinic and post assessment is an integral part of the operational model for the FND clinic. On request, a referral pack will be sent to all referring specialists to facilitate entry into the clinic.

Note: This clinic cannot accept referrals for medico-legal reports

What are our Referral Criteria?

- Aged 18-65 years
- FND diagnosed by a specialist neurologist
- Confirmation that the diagnosis has been explicitly discussed with the patient prior to referral to the FND clinic
- Commitment by referring specialist to stay involved in patient's care after clinic interventions are completed
- All FND related investigations have been completed
- Patients are consenting and aware of referral to clinic

Who is not ready to be referred to the clinic?

- Investigations ongoing
- Patient is not accepting of diagnosis of FND
- Active medico-legal/ worker's compensation matters that could hinder clinical management
- Primary clinical issue other than FND



UNSW
SYDNEY



How to refer?

- Referring specialist emails the completed FND Referral form along with the required accompanying documentation to: SESLHD-POWNeuropsychiatricInstitute@health.nsw.gov.au
- Phone: 02 9382 3763
- Fax: 02 9382 3774
- Please mark referrals '*for the attention of Dr Adith Mohan, Mindgardens FND Clinic*'.
- Referrals are screened by clinic staff for suitability. If considered suitable for the clinic, the referring clinician will be informed, and the patient will be invited to attend a comprehensive assessment.
- Appointments cannot be booked and confirmed until the completed referral pack with required background information has been provided.
- Please be aware that we receive a large number of referrals and therefore might have a long waitlist.

What is provided in the FND clinic?

When a patient is accepted into the clinic, they will be invited to attend a neuropsychiatric assessment and asked to complete a set of clinical surveys.

At the initial appointment, 3 further appointments will be scheduled: a feedback session, a 3-month follow up and a 6-month follow-up.

Some assessments will involve members of our interdisciplinary team made up of clinical experts from physiotherapy, occupational therapy and psychology.

Once the patient has completed their engagement with our clinic, care will be handed back to the referring specialist and patients will be provided with information about access to further treatment and care.

What happens if a patient is not suitable for the clinic?

Any referred patients not accepted for the clinic will receive FND resources to support their care and will continue care with their referring medical specialist.

What does it cost to attend the Clinic?

Once a patient is accepted into the clinic, there is no cost to attend. We only require the patient's Medicare details.

Where is the FND Clinic located?

The FND Clinic appointments are in the Euroa Centre, Prince of Wales Hospital, Randwick, and is close to Gate 6 of Prince of Wales Hospital when entering from Avoca Street.

There is no free parking on the hospital campus but there is a pay parking station. If you intend to use the parking station, enter the campus via Gate 1, Barker Street. Street parking is hard to find and are mostly timed spots.