

Etude Santé Psychologique Prévalence Risques et Traitement (ESPRIT)

Principal Investigators

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Summary

Setting:	Montpellier district, France
Start Date:	1999-2001
End Date:	Ongoing
Participants:	2268 individuals aged 65+ years
Assessment Schedule:	2, 4, 7 and 10 years
Measures:	(1) Standardised health interview (current health, medical history, medication use, reproductive history for women, exposure to environmental factors, sleep disorders, adverse life events, ADL/IADL, childhood and adult trauma, diet and activity levels); (2) Standardised neurological examination (blood pressure, cognition, MRI, ECG, cardiac ultrasound, subgroups with fMRI, auditory and retinal examinations, polysomnographic readings); (3) Standardised psychiatric interview (DSM IV life-time and current psychiatric disorders, anxiety and depression, personality); (4) Biological measures (cortisol, lipids, inflammatory markers, serum amyloid and genotyping).

Further Information

- [Ritchie et. al Designing prevention programmes to reduce incidence of dementia: prospective cohort study of modifiable risk factors. *BMJ* 2010; 341:c3885 \(148kb, PDF\)](#)

