

LRGS TUA: Neuroprotective Model for Healthy Longevity among Malaysian Older Adults

Principal Investigator

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Summary

Setting:	Four states in Malaysia: Johor, Perak, Selangor and Kelantan.
Start Date:	2012–3
End Date:	Ongoing
Participants:	2322 individuals aged 60+ at baseline
Assessment Schedule:	18 and 36 months, 5 years
Measures:	(1) Neuropsychological tests; (2) Broad range of sociodemographic, health, psychosocial and dietary measures; (3) Anthropometric and physical function and fitness; (4) Biospecimens including blood, buccal swab, hair and toenail; (5) Subsample assessed for vision and auditory function.

Further Information

Shahar et al. Approaches in methodology for population-based longitudinal study on neuroprotective model for healthy longevity (TUA) among Malaysian Older Adults. *Aging Clin Exp Res.* 2016;28:1089-110.

