

# LRGS TUA: Neuroprotective Model for Healthy Longevity among Malaysian Older Adults

## Principal Investigator

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## Summary

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|----------------------|---|
| Setting:             | Four states in Malaysia: Johor, Perak, Selangor and Kelantan.   |
| Start Date:          | 2012–3  |
| End Date:            | Ongoing   |
| Participants:        | 2322 individuals aged 60+ at baseline   |
| Assessment Schedule: | 18 and 36 months, 5 years   |
| Measures:            | (1) Neuropsychological tests; (2) Broad range of sociodemographic, health, psychosocial and dietary measures; (3) Anthropometric and physical function and fitness; (4) Biospecimens including blood, buccal swab, hair and toenail; (5) Subsample assessed for vision and auditory function. |

## Further Information

Shahar et al. Approaches in methodology for population-based longitudinal study on neuroprotective model for healthy longevity (TUA) among Malaysian Older Adults. *Aging Clin Exp Res.* 2016;28:1089-110.

