

# São Paulo Ageing & Health Study

## Principal Investigator

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## Summary

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| Setting:             | São Paulo, Brazil                                                                                                                                                                                                                                                                                                                                                     |
| Start Date:          | May 2003                                                                                                                                                                                                                                                                                                                                                              |
| End Date:            | 2008                                                                                                                                                                                                                                                                                                                                                                  |
| Participants:        | 2072 individuals aged 65+ years                                                                                                                                                                                                                                                                                                                                       |
| Assessment Schedule: | 2-year interval (one follow-up in 2005)                                                                                                                                                                                                                                                                                                                               |
| Measures:            | (1) Neuropsychiatric assessments of dementia, MCI, and cognitive decline; (2) Assessments of other mental disorders; (3) Broad range of sociodemographic, lifestyle and cardiac, physical and mental health factors; (4) Assessments of migraine, falls, and osteoporosis; (5) Blood samples and genotyping; (5) Subgroup with MRI scans (structural and functional). |

## Further Information

- [Scazufca & Seabra. Sao Paulo portraits: ageing in a large metropolis. \*Int J Epidemiol\* 2008;37:721-3.](#)
- [Scazufca et al. High prevalence of dementia among older adults from poor socioeconomic backgrounds in São Paulo, Brazil. \*Int Psychogeriatr\* 2008;20:394-405.](#)
- [Scazufca et al. Risk factors across the life course and dementia in a Brazilian population: results from the Sao Paulo Ageing & Health Study \(SPAH\). \*Int J Epidemiol\* 2008; 37:879-90.](#)

