

Sydney Memory & Ageing Study

Principal Investigators

Professor Perminder Sachdev AM, MD, PhD, FRANZCP

Scientia Professor of Neuropsychiatry, University of New South Wales
Co-Director, Centre for Healthy Brain Ageing (CHeBA)
Director, Neuropsychiatric Institute
Prince of Wales Hospital
Randwick NSW 2031
Email: p.sachdev@unsw.edu.au

Professor Henry Brodaty AO, MD, DSc, FRACP, FRANZCP

Montefiore Scientia Professor of Ageing and Mental Health
Co-Director, Centre for Healthy Brain Ageing (CHeBA)
Director, Dementia Centre for Research Collaboration
#302, AGSM, University of New South Wales
Sydney NSW 2052
Email: h.brodaty@unsw.edu.au

Data Contact

Dr. Darren Lipnicki
Email: d.lipnicki@unsw.edu.au

Summary

Setting:	Sydney, Australia
Start Date:	2005
End Date:	Ongoing
Participants:	1037 individuals aged 70+ years
Assessment Schedule:	2 year intervals, with intervening year telephonic review
Measures:	(1) Neuropsychiatric assessments assessing dementia, MCI and cognitive decline; (2) Broad range of sociodemographic, lifestyle and cardiac, physical and mental health factors; (3) Blood samples and genotyping; (4) Subgroups with MRI scans (structural and functional) and for studies of falls and balance, inflammatory and metabolic markers, and prospective memory.

Further Information

- [Sydney Memory and Ageing Study](#)
- Sachdev et al. The Sydney Memory and Ageing Study (MAS): methodology and baseline medical and neuropsychiatric characteristics of an elderly epidemiological non-demented cohort of Australians aged 70-90 years. *Int Psychogeriatr* 2010;22:1248-64 (637kb, PDF)


