

# The Atahualpa Project

## Principal Investigator

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## Summary

Setting:	Atahualpa, a rural village in coastal Ecuador
Start Date:	June 2012
End Date:	Ongoing
Participants:	933 individuals aged 40+ years at baseline
Assessment Schedule:	Baseline and annual follow-up surveys
Measures:	(1) Depression; (2) Sleep quality; (3) Cardiovascular risk factors; (4) Dietary oily fish intake; (5) Dental exam; (6) CT and MRI, including FLAIR scans; (7) MoCA; (8) COVID-19

## Further Information

Del Brutto et al. Key findings from the Atahualpa Project: what should we learn? Expert Rev Neurother. 2018; 18:5-8.

Del Brutto et al. Clinical and neuroimaging risk factors for cognitive decline in community-dwelling older adults living in rural Ecuador. A population-based prospective cohort study. Int J Geriatr Psychiatry. 2019; 34:447-452. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6372307/>



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