

The Atahualpa Project

Principal Investigator

Oscar H. Del Brutto, MD

School of Medicine, Universidad Espíritu Santo—Ecuador, Guayaquil, Ecuador

Email: oscardelbrutto@hotmail.com

Data Contact

Oscar H. Del Brutto, MD

Email: oscardelbrutto@hotmail.com

Summary

Setting:	Atahualpa, a rural village in coastal Ecuador
Start Date:	June 2012
End Date:	Ongoing
Participants:	933 individuals aged 40+ years at baseline
Assessment Schedule:	Baseline and annual follow-up surveys
Measures:	(1) Depression; (2) Sleep quality; (3) Cardiovascular risk factors; (4) Dietary oily fish intake; (5) Dental exam; (6) CT and MRI, including FLAIR scans; (7) MoCA; (8) COVID-19

Further Information

Del Brutto et al. Key findings from the Atahualpa Project: what should we learn? *Expert Rev Neurother*. 2018; 18;5-8.

Del Brutto et al. Clinical and neuroimaging risk factors for cognitive decline in community-dwelling older adults living in rural Ecuador. A population-based prospective cohort study. *Int J Geriatr Psychiatry*. 2019; 34;447-452. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6372307/>

