

The Boston Puerto Rican Health Study

Principal Investigator

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Summary

Setting:	Boston, USA
Start Date:	2004-2009
End Date:	Ongoing
Participants:	1449 Boston-area Puerto Rican adults aged 45-75 years at baseline
Assessment Schedule:	Baseline, 2 years, 5 years
Measures:	(1) MMSE and cognitive test battery (2) health and health behaviors, including dietary habits; (3) functional limitations; (4) depressive symptomatology; (5) anthropometrics; (6) blood tests

Further Information

Further information: Sahasrabudhe, N et al. (2022). Adherence to Mediterranean Diet and Depressive Symptomatology among Boston area Puerto Ricans. J Gerontol A Biol Sci Med Sci. doi: 10.1093/gerona/glac057

