

# Washington Heights Inwood and Columbia Aging Project (WHICAP)

## Principal Investigators

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## Summary

Setting:	Washington Heights, Hamilton Heights, Inwood, Columbia USA
Start Date:	1989
End Date:	Ongoing
Participants:	Multi-ethnic sample of around 6,000 individuals from three recruitment waves
Measures:	(1) Dementias (including late-onset Alzheimer's disease), MCI, and age-related cognitive decline; (2) Emotional health, IADLs, blood pressure, anthropometric measures, cardiovascular status, and selected biomarkers (lipids, amyloid $\beta$ peptides, sex hormones, homocysteine, insulin, and C-reactive protein); (3) Subgroups with MRI and PET scans.

