

# Washington Heights Inwood and Columbia Aging Project (WHICAP)

## Principal Investigators

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## Summary

Setting: Washington Heights, Hamilton Heights, Inwood, Columbia USA

Start Date: 1989

End Date: Ongoing

Participants: Multi-ethnic sample of around 6,000 individuals from three recruitment waves

Measures: (1) Dementias (including late-onset Alzheimer's disease), MCI, and age-related cognitive decline; (2) Emotional health, IADLs, blood pressure, anthropometric measures, cardiovascular status, and selected biomarkers (lipids, amyloid  $\beta$  peptides, sex hormones, homocysteine, insulin, and C-reactive protein); (3) Subgroups with MRI and PET scans.



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