

DEPRESSION

IN DEMENTIA

What is depression?

- Sad, crying a lot
- Don't want to eat or drink
- Tired, no energy
- Don't want to be with others or yarn
- Feel useless
- Sleep problems
- Don't want to be alive



Why does it happen?

- Dementia
- Pain
- Sick
- Lonely, missing family or Country
- Depression can be another illness

What could help?

- Keep respect
- Know their story
- Go to clinic for check up
- Walk and yarn with them
- Help them do things they like and know
- Help them to be involved in community
- Go back to Country
- Medicine



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