



WHAT HAPPENS DURING AN EYE TEST?

A guide for children who attend the UNSW Optometry Clinic



Studies have shown the effectiveness of preparatory information can help in reducing a child's fear and anxiety of attending medical appointments, and help a child to participate fully in the examination.

We have created a story book guide for children and families to familiarise themselves with the clinic environment, and what to expect on the day of their visit. In doing so, we believe this will make the overall experience, for both families and children, less stressful.

Below are some of the friendly faces you will come across when you visit the eye clinic!
We have here in the middle Amy the orthoptist and Amanda the optometrist accompanied with two of their lovely optometry students who will help have a look at your eyes. Come join us as we play some games together while we test your eyes and see how clever they are!



Fun facts:

“Optometrist” is an eye care professional who performs thorough eye exams in identifying, diagnosing and treating eye diseases, prescribing glasses and contact lenses.

“Orthoptist” is an eye care professional who provides assistance and non surgical interventions to treat and manage eye and vision disorders such as an eye turn (“strabismus”) or lazy vision (“amblyopia”).



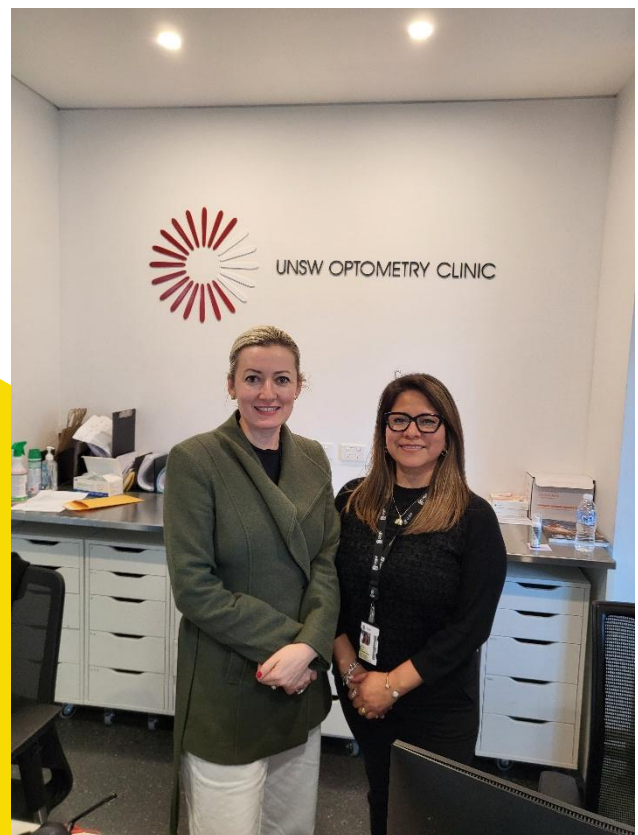
Entrance to the clinic

Explaining to your child:

This is where we are going to get your eyes tested.

We have to let the receptionist know at the front desk that we are here first, before we take a seat in the waiting area.

At front desk you'll meet the lovely team of receptionists Melanie, Jenny, Alyssa and Daniel who can help check you into the clinic.

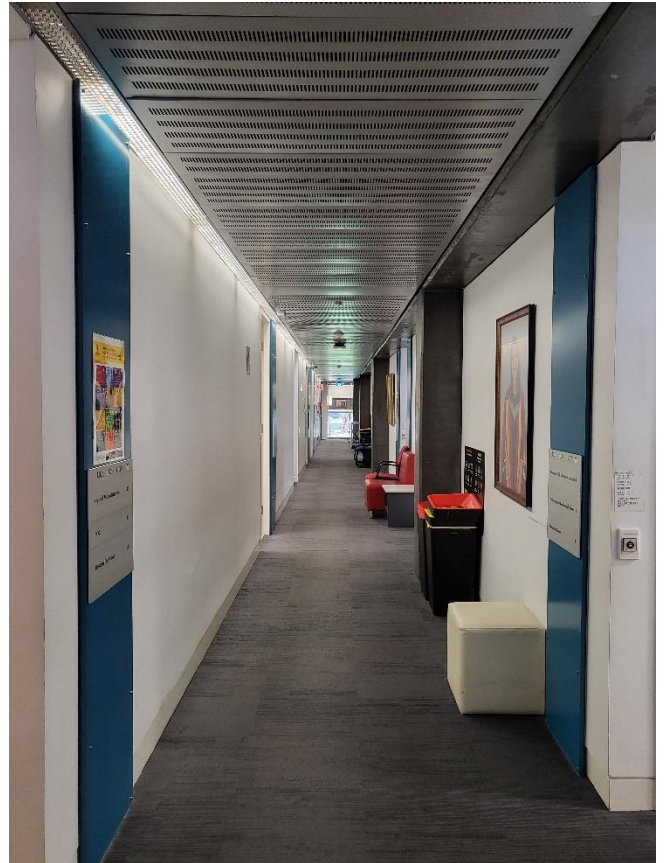


Front desk with receptionists Melanie and Jenny



Waiting area

We will wait until we get called in by the student optometrists, who will take us down the long corridor and into an examination room where we will check how your eyes are.



Corridor to the examination room

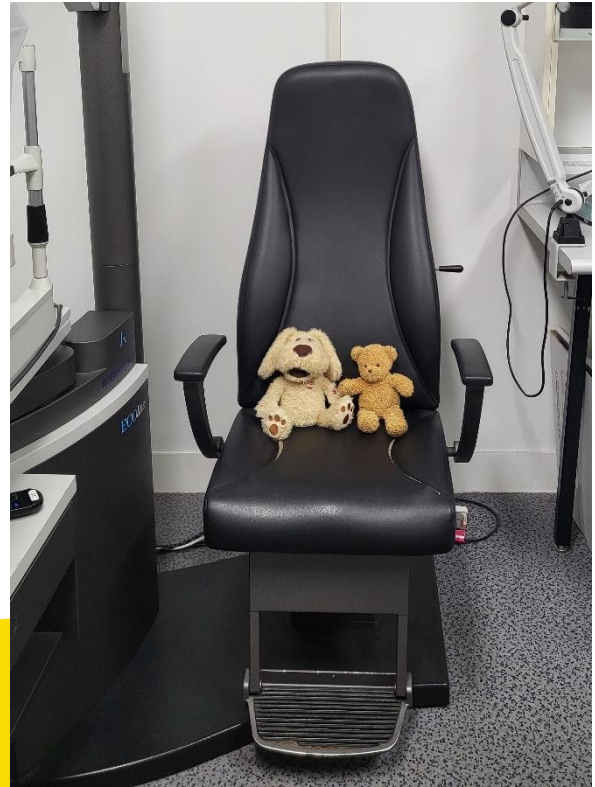


Examination room

When you enter the examination room, you will be asked to take a seat on a special / big / black / comfortable chair.

The optometrist and the orthoptist will usually start by asking you or mum/dad/guardians a few questions about how your eyes are before we start the eye test.

Our friends Teddy and Puppy here will show you how they get their eyes checked!



Comfortable chair



Teddy and Puppy with their special glasses on





There are lots of colourful glasses and fun toys to use to check your eyes with!

The optometrist will check your vision by seeing how clever you are at naming or matching shapes, pictures or letters.

It's very fun, like playing a game!

Sometimes the optometrist and the orthoptist might hold up tools really close to your eyes to see how they work.

See how Teddy is looking through the special window.



Teddy getting an eye check



Left picture: The optometrist is using the “slit lamp” machine to check Puppy’s eyes

Right picture: Puppy is using a special camera called the “OPTOS” to capture a photo of the inside of the eye

Sometimes the optometrist needs to put eye drops into your eyes which will make it easier for them to have a look at your eyes.

The last part of the checks is looking at the health of your eyes. The optometrist uses special machines like a microscope and cameras to take a photo of the back of your eyes to see what is happening inside. We can show you the photo so you can see how cool the inside of your eyes look!

After all that is done, it completes your eye test!

Well done on your eye test!

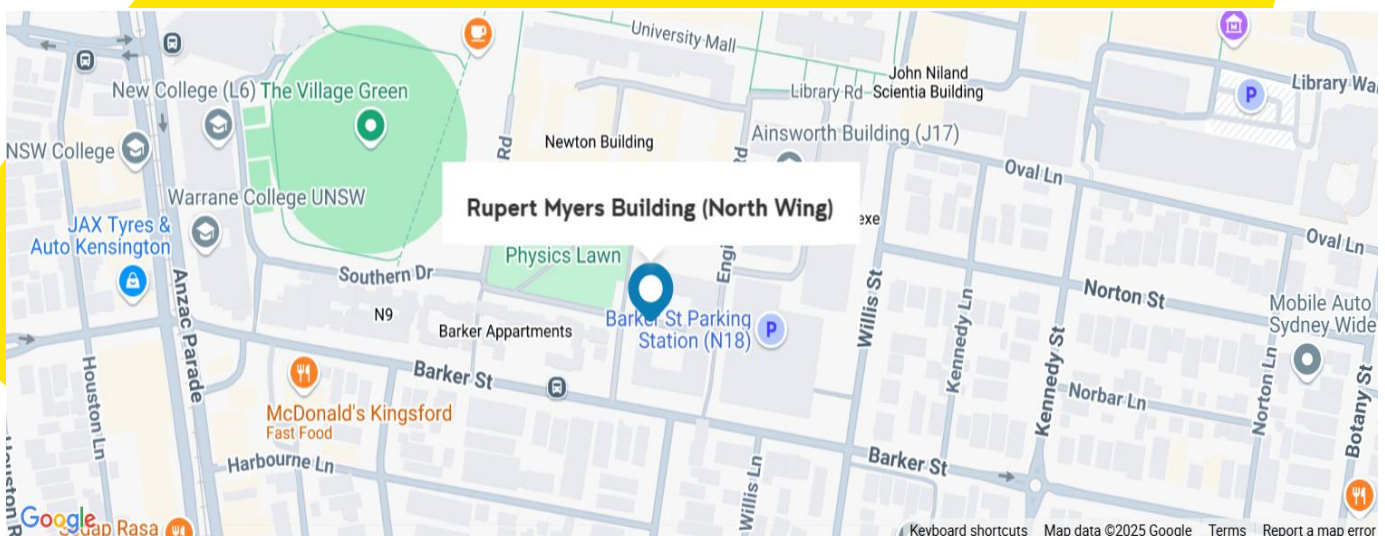
The UNSW Optometry Clinic is located at:

Ground Floor
Rupert Myers Building (North Wing)
Gate 14 Barker Street
UNSW Sydney NSW 2052
AUSTRALIA



Mode of transport

The University is accessible by car, light rail and bus. If you choose public transport, please keep in mind that there is approximately a 10-15 min walking distance to get to the Optometry Clinic from the main entrance of the University.

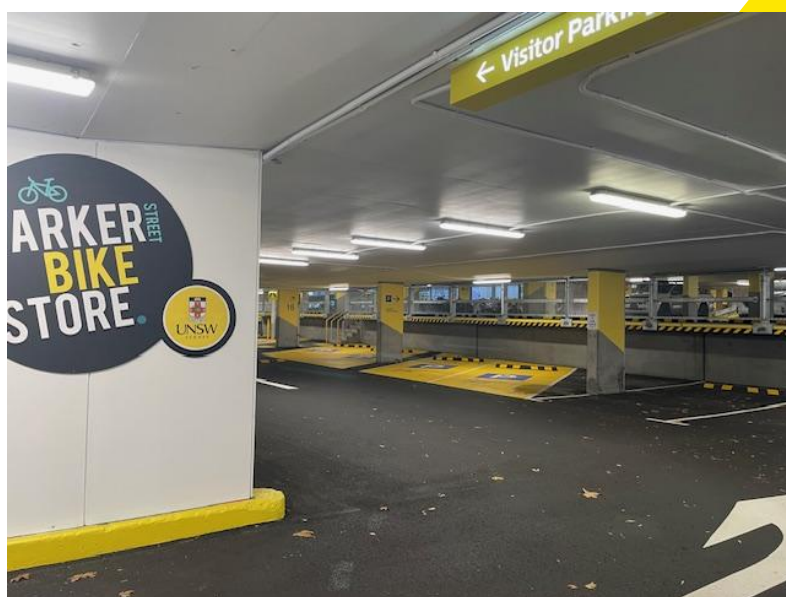


Parking information

There is a multi-level parking station nearby the eye clinic. Limited free parking spaces are available on the ground floor for patients who will be seen at the UNSW Optometry Clinic. If the free space parking is full, there is paid parking in the visitor bays on the upper levels.

Please refer to the link below for more information about parking:

<https://www.unsw.edu.au/medicine-health/our-schools/optometry/optometry-clinic/find-us>



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9am-5pm, Monday to Friday.