

## Advice for Students at Academic Risk Level 1 or 2 (Undergraduate)

Here are tips on steps you can take now to improve your outcomes.

### 1. Assess Your Situation

- Identify challenges affecting your studies: time management, academic skills, personal circumstances.
- Consider alternative enrolment options available to you

### 2. Adjust Your Study Load

- Reduce study load if overwhelmed (International student visa holders: [seek approval first](#)).
- Consider dropping courses before [academic penalty deadlines](#) to avoid fail grades.
- Apply for program leave if personal circumstances prevent full commitment.

### 3. Seek Targeted Support

Challenge	Support Options
Academic Skills	<a href="#">Academic Skills Toolkit</a> , <a href="#">Study Hacks Workshops</a> , <a href="#">PASS (Peer Assisted Study Sessions)</a> , <a href="#">one-on-one support</a>
English / Language	<a href="#">English Language Development programs</a> via <a href="#">Academic Skills Support</a>
Adjusting Enrolment	Attend classes, participate, use consultation hours/forums, consider program/specialisation change if core courses are difficult
Time Management	Planners, time-blocking <a href="#">workshops</a>
Motivation / Commitment Mental Health & Wellbeing	Goal-setting, progress tracking, mentoring or peer support <a href="#">Student Support Team</a> , <a href="#">Nura Gili for Indigenous Students Psychology &amp; Wellness Service</a> , <a href="#">Equitable Learning Services</a>
Personal / Family / Financial	<a href="#">Student Support Team</a> guidance, consider <a href="#">reduced load</a> or <a href="#">program leave</a>
Employment / Workload	Reduce work hours to prioritise study
Unexpected Circumstances	Apply for <a href="#">Fee Remission, Refunds</a> , or <a href="#">Program Discontinuation</a>

### 4. Take Action Now

- Choose one or two practical steps to start this week.
- Use UNSW resources to guide your next moves:
  - Academic Skills Toolkit & Workshops
  - Time Management & Study Planning
  - Mental Health, Wellbeing & ELS
  - Financial, Family, or Personal Support



Small steps now can make a big difference.